

May 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Calorie target</i> K-5 = 550-650 6-8 = 600-700 9-12 = 750-850</p>			<p>1 FJO Packing Ham Sandwich Baked Chips Apple Slices Cookie, Milk</p>	<p>2 Tavern Potato Wedges Cooked Carrots Sliced Pears Milk</p>	<p>3 Fish Sandwich, Baked Beans, Baked Chips, Green beans, Fruit, Milk</p>	4
<p>Sub sandwich option for main dish everyday except Friday</p>	<p>6 Italian Pasta Bake, Mozzarella sticks. Tossed salad, Fruit Cup , Milk</p>	<p>7 BBQ Pork /Bun Coleslaw Corn Chips Cooked Carrots Fruit</p>	<p>8 Corn Dogs Baked Chips Baked beans Fresh Oranges Milk</p>	<p>9 Hot Ham & Cheese Cheesy Potatoes Green Beans Sliced Pears Milk</p>	<p>10 Pot Pies Over Bis- cuit, Savory Peas, Sliced Peaches, Rice Crispy Treat . Milk</p>	11
<p>Salad bar op- tion open to all students every- day!</p>	<p>13 Haystacks Lettuce, Cheese Salsa, Refried Beans Tropical Fruit Milk</p>	<p>14 HS Awards- GARF P-8 Hotdog Goldfish crackers Fresh Fruit, Mixed Veggies Milk</p>	<p>15 Breaded Chicken Patty , Broccoli & Cheese , Green beans Mandarin Oranges Milk</p>	<p>16 Cooks choice Meat, choice Vegetables Fruit Milk</p>	<p>17 Pizza Dippers Marinara Sauce Romaine Lettuce Mixed Fruit Milk</p>	18
19	<p>20 Taco Soup Corn Chips Applesauce Cooked Carrots Milk</p>	<p>21 Grilled Cheese Baked Chips Apple Slices Cookie Milk HS Finals No lunch served</p>	<p>22 Picnic — No lunch Served *Elementary Bring lunch from home or can order lunch from kitchen by end of day Monday 5/20 HS— Finals</p>	23	24	25
26	27	28	29	30	31	